Although our building is currently closed due to the COVID-19 public health emergency, all Tucson Indian Center staff are still available to serve you over the phone, email, video, and mail. Please let us know how we can help you by calling (520) 884-7131. Also, please visit our website to stay current on the latest updates from the Tucson Indian Center.
Basket Weaving Class

Class Schedule:

May:
05/05/20
05/12/20
05/19/20
05/26/20

Tuesdays ONLINE
via facebook & the Tucson Indian Center’s website

June:
06/02/20
06/09/20
06/16/20
06/23/20

Join us on facebook @ Tucson Indian Center for our Basket Weaving Classes.
For more information or to sign-up contact:
Drew J. Harris
Community Cultural Specialist
520-884-7131 Ext. 2236
Dharris@ticenter.org

Tuesdays • @tucsonindiancenter • www.ticenter.org

2 Spirit of Tucson

May 12, 2020, ONLINE at 5:00 pm - 6:30 pm
www.webex.com
Meeting number (access code): 620.410.794
Meeting password: B3DiRuzTN67 (23347898 from phones and video systems)

More ways to join
Join by phone: +1-408-418-9388 United States Toll
Join from a video system: 620410794@meetingsamer8.webex.com

For More info., contact Marlene F. Jose, Health Promotion Specialist
Email: mjose@ticenter.org
Phone: (520) 884-7131 ext. 2238
The Social Services Department will not have any group meetings during this time. They will resume weekly classes and meetings upon further notice. Until then, the TIC Social Service team will continue to provide telephonic assistance.

Jerry R. Romero: Intake & Supportive Services Case Manager  
Email: jromero@ticenter.org • Phone: (520) 884-7131 ext. 2209  
Stella Tarin: Employment Case Manager  
Email: starin@ticenter.org • Phone: (520) 884-7131 ext. 2223

Classes will begin ONLINE May 6, 2020 @ 5 PM  
Www.webex.com  
Meeting number (access code): 294 290 796  
Meeting password: F326pmmSUBW (33267667)  
Phone: +1-408-418-9388  
Video system: 94290796@meetingsamer15.webex.com  
For more information, contact Angela Montiel  
amontiel@ticenter.org • (520) 884-7131 ext. 2226
Native Group Lifestyle Balance

EVERY Thursday @ 2:00 PM via WebEx

www.webex.com

Meeting number (access code): 294 771 076
Meeting password: jqGfyAZp293 (57439297 from phones and video systems)

More Ways to Join

Join by phone: +1-408-418-9388 United States Toll

Join from a video system: dial 294771076@meetingsamer8.webex.com

You can also dial 173.243.2.68 and enter your meeting number.

For more information, contact Diabetes Prevention Specialist, Christine Chavez, at (520) 884 - 7131 or email: cchavez@ticenter.org

Diabetes Classes

<table>
<thead>
<tr>
<th>Fitness Classes</th>
<th>University of Arizona Garden Kitchen</th>
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</thead>
<tbody>
<tr>
<td>Tuesday - Chair Volleyball,</td>
<td>CANCELED</td>
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<tr>
<td>CANCELED</td>
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<tr>
<td>Wednesday - Walking Club</td>
<td>Reflexology CANCELED</td>
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<tr>
<td>CANCELED</td>
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</tr>
<tr>
<td>Thursday - Band Resistance/Step Aerobics</td>
<td>Native Group Lifestyle Balance ONLINE via WebEx</td>
</tr>
<tr>
<td>ONLINE <a href="http://www.ticenter.org">www.ticenter.org</a></td>
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<td><a href="http://www.fb.com/tucsonindiancenter">www.fb.com/tucsonindiancenter</a></td>
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<table>
<thead>
<tr>
<th>Fitness Gym</th>
<th>TIC Gardening Club</th>
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</thead>
<tbody>
<tr>
<td>CLOSED</td>
<td>ONLINE <a href="http://www.ticenter.org">www.ticenter.org</a></td>
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<tr>
<td><a href="http://www.fb.com/tucsonindiancenter">www.fb.com/tucsonindiancenter</a></td>
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</tr>
</tbody>
</table>

TRANSPORTATION & HOME DELIVERY SERVICES

If you are in need of transportation services, please contact one of our Wellness Case Managers to learn more about transportation services during the COVID-19 Pandemic.

Christina Luna: cluna@ticenter.org
Dearlynn Crank: dcrank@ticenter.org

☆ San Xavier Clinic is supplying EVERYONE 60-Day supply for medication.
**Wellbriety Meetings**

Native Sisters In Recovery (NSIR)

**White Bison**

American Indians In Recovery (AIIR) – AA Group

**EVERY Thursday @ 5:30-6:30 PM via WebEx**

www.webex.com

Meeting number (access code): 627 142 395

Password: YrTjYMm833 (97859766 from phones & video systems)

**More ways to join**

Join by **video system**: dial 627142395@meetingsamer8.webex.com

Host Key: 897021

You can also dial 173.243.2.68 and enter your meeting number.

Join by **phone**: dial +1-408-418-9388 United States Toll

Access code: 627 142 395

**For additional assistance please contact**: Wellness Case Managers at (520) 884-7131

Christina Luna: cluna@ticenter.org

Dearlynn Crank: dcrank@ticenter.org

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Elder Monthly Luncheon

NO LUNCHEON for the month of May

Elder Talking Circle CANCELED

If you need food or supplies, please contact Marcella Delgado, Community Health Rep. (CHR) • (520) 884-7131 ext. 2230 • mdelgado@ticenter.org
Native Youth Coalition
To join the online meeting link email Angela Montiel, amontiel@ticenter.org:
Meeting number (access code): 628 098 631
Meeting password: nPvVpm3jY33 (67887635 from phones and video systems)
Join by Phone: 1-408-418-9388
Join from video system: dial 628098631@meetingsamer15.webex.com
You can also dial 173.243.2.68 and enter your meeting number.

Native Youth Wellness
To join the online meeting link email Angela Montiel or Tyler Smallcanyon:
Meeting number (access code): 297 432 971
Meeting password: JNzCVQ6Ep33 (56928763 from phones & video systems)
More ways to join:
Join by phone: +1-408-418-9388
Join from a video system: dial 297432971@meetingsamer15.webex.com
You can also dial 173.243.2.68 and enter your meeting number.

For more info, please contact TIC youth program coordinators:
Angela Montiel: Youth & Community Health Educator
amontiel@ticenter.org • (520) 884-7131 ext. 2226
Tyler Smallcanyon: Native Pride Project Coordinator
tsmallcanyon@ticenter.org • (520) 884-7131 ext. 2227
Tucson Indian Center Staff

Executive Director
Jacob Bernal
Chemehuevi

Executive Assistant/Human Resources Manager/Operations Director
Evelyn Ybarra-Pablo
Pascua Yaqui

Administrative Human Resources Assistant
Celina Sims
Tohono O’odham/Pascua Yaqui

Finance Director
Michael E. Spotted Wolf
Seminole/Creek/Hidatsa

Finance Clerk
Honey Ignacio
Tohono O’odham

Administrative Support Resource Coordinator
Margaret Merendo
Hispanic

Wellness Director
Phoebe Cager
Yup’ik

Wellness Case Manager
Christina Luna

Wellness Case Manager
Dearlynn Crank
Navajo

Health Promotion Specialist
Marlene F. Jose
Tohono O’odham

Diabetes Prevention Specialist
Christine Chavez
Pascua Yaqui

Native Pride Project Coordinator
Tyler Smallcanyon
Navajo

Social Services Department

Social Services Director
Rose Grijalva
Latina

Intake & Supportive Services Case Manager
Jerry R. Romero
Tohono O’odham

Community Outreach Specialist
Jerry R. Romero

Employment Case Manager
Estella Tarin

Employment Case Manager
Vacant

Wellness Department

Wellness Operations Manager
Veronica Boone
Laguna Pueblo/Navajo

Community Health Representative
Marcella Delgado
Tohono O’odham

Community Cultural Specialist & Educator
Drew Harris
Tohono O’odham

Youth & Community Health Educator
Angela Montiel
Pascua Yaqui

Wellness Transportation/Records Specialist
Vacant

Tucson Indian Center Board of Directors

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Tohono O’odham

Vice Chairman
Mark Bahti

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Yolanda Molina
Pascua Yaqui

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Board Member
Alexander Lewis
Tohono O’odham

Board Member
Ned Norris
Tohono O’odham

Native Voice is Published by the American Indian Association of Tucson D.B.A. Tucson Indian Center
Reminders & Announcements

- **White Bison Recovery Group** - **ONLINE**, Thursday’s @ 5:30 pm via WebEx - Contact: Christina Luna
- **AIIR (American Indians in Recovery) AA Mtgs.** - **ONLINE**, Thursday’s @ 5:30 pm via WebEx - Contact: Dearlynn Crank
- **Native Sisters in Recovery** - **ONLINE**, Thursday’s @ 5:30 pm via WebEx - Contact: Christina Luna
- **Elders Monthly Luncheon** - **CANCELED**
- **Elders Talking Circle** - **CANCELED** - Contact: Dearlynn Crank
- **2 Spirit of Tucson** - **ONLINE**, Tues. May 12, 2020 @ 5:00 pm via WebEx - Contact: Marlene F. Jose
- **Walking Club** - **CANCELED** - Contact: Christine Chavez
- **Native Lifestyle Balance** - **ONLINE**, Thursday’s @ 2:00 pm via WebEx - Contact: Christine Chavez
- **Native Youth Coalition** - **ONLINE**, Tuesday’s @ 4:30 pm via WebEx - Contact: Angela Montiel
- **T.O.N. WIC Program** - **CANCELED**
- **Diapers**: **CANCELED**, to request items contact Pio Decimo Center @ (520) 622-2801
- **Food Boxes**: **CANCELED**, to request items contact: Community Food Bank @ (520) 622--0525
- **Client Orientation** - **CANCELED**, Contact: Case Managers

Visit our website to receive a digital copy of Native Wellness Voice:

www.ticenter.org

We are happy to share the monthly Native Wellness Voice with you. If you would like to receive an electronic copy or if you experience any problem related to this mailing, such as receiving more than 1 copy or the wrong name, please contact Tyler Smallcanyon at (520) 884-7131 ext. 2227 or tsmallcanyon@ticenter.org