The Tucson Indian Center will be reopening its facility soon!
Stay informed for details on the date and what to expect via TIC’s website at www.ticenter.org and TIC’s Facebook page at www.fb.com/ticenter and our email listserv for news regarding the reopening of our building.

If you would like to be added to our email listserv, please email Tyler Smalcanyon at tsmallcanyon@ticenter.org
Youth warriors, ages 18-25, are welcome to join via WebEx. Incentives will be available to those that are eligible.

Email tsmallcanyon@ticenter.org for an invite & login information.
The Social Services Department will not have any group meetings during this time. They will resume weekly classes and meetings upon further notice. Until then, the TIC Social Service team will continue to provide telephonic assistance.

Jerry R. Romero: Intake & Supportive Services Case Manager  
Email: jromero@ticenter.org • Phone: (520) 884-7131 ext. 2209

Stella Tarin: Employment Case Manager  
Email: starin@ticenter.org • Phone: (520) 884-7131 ext. 2223
Native Group Lifestyle Balance

EVERY Thursday @ 2:00 PM via WebEx

www.webex.com

Meeting number (access code): 294 771 076
Meeting password: jqGfyAZp293 (57439297 from phones and video systems)

More Ways to Join

Join by phone: +1-408-418-9388 United States Toll

Join from a video system: dial 294771076@meetingsamer8.webex.com
You can also dial 173.243.2.68 and enter your meeting number.

For more information, contact Diabetes Prevention Specialist, Christine Chavez, at (520) 884 - 7131 or email: cchavez@ticenter.org

Diabetes Classes

<table>
<thead>
<tr>
<th>Fitness Classes</th>
<th>University of Arizona Garden Kitchen</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday - Chair Volleyball, CANCELED</td>
<td>CANCELED</td>
</tr>
<tr>
<td>Wednesday - Walking Club, CANCELED</td>
<td>Reflexology, CANCELED</td>
</tr>
<tr>
<td>Thursday - Band Resistance/Step Aerobics ONLINE @ <a href="http://www.ticenter.org">www.ticenter.org</a> and <a href="http://www.fb.com/tucsonindiancenter/">www.fb.com/tucsonindiancenter/</a></td>
<td>Native Group Lifestyle Balance ONLINE via WebEx</td>
</tr>
<tr>
<td>Fitness Gym CLOSED</td>
<td>TIC Gardening Club ONLINE @ <a href="http://www.ticenter.org">www.ticenter.org</a> and <a href="http://www.fb.com/tucsonindiancenter/">www.fb.com/tucsonindiancenter/</a></td>
</tr>
</tbody>
</table>

TRANSPORTATION & HOME DELIVERY SERVICES

If you are in need of transportation services, please contact one of our Wellness Case Managers to learn more about transportation services during the COVID-19 Pandemic.

Christina Luna: cluna@ticenter.org
Dearlynn Crank: dcrank@ticenter.org
Elder Monthly Luncheon

NO LUNCHEON for the month of JULY
Elder Talking Circle CANCELED

If you need food or supplies, please contact Marcella Delgado, Community Health Rep. (CHR) • (520) 884-7131 ext. 2230 • mdelgado@ticenter.org

WELLBRIETY MEETING
TUCSON INDIAN CENTER

EVERY THURSDAY 5:30PM-6:30PM

Meeting Information
Meeting link:
https://meetingsamer8.webex.com/meetingsamer8/j.php?
MTID=mec3191acc38bb81ea62f289856ec9bc5
or please email Dearlynn Crank at dcrank@ticenter.org for meeting link.

Meeting number: 126 149 5471
Password: T!C20 (80220 from phones and video systems

Join by phone
+1-408-418-9388
Access code: 126 149 5471
Password: 80220

For additional assistance please contact: Wellness Case Managers at (520) 884-7131
Christina Luna: cluna@ticenter.org
Dearlynn Crank: dcrank@ticenter.org

Case Managers will be available 30 minutes prior to meeting time to assist with any connection difficulties.
Native Youth Coalition
To join the online meeting link email Angela Montiel,
amontiel@ticenter.org:
Meeting number (access code): 628 098 631
Meeting password: nPvVPm3Y33 (67887635 from phones and video systems)
Join by Phone: 1-408-418-9388
Join from video system: dial 628098631@meetingsamer15.webex.com
You can also dial 173.243.2.68 and enter your meeting number.

Native Youth Wellness
To join the online meeting link email Angela Montiel or Tyler Smallcanyon:
Meeting number (access code): 297 432 971
Meeting password: JNzCVQ6Ep33 (56928763 from phones & video systems)
More ways to join:
Join by phone: +1-408-418-9388
Join from a video system: dial 297432971@meetingsamer15.webex.com
You can also dial 173.243.2.68 and enter your meeting number.

For more info, please contact TIC youth program coordinators:
Angela Montiel: Youth & Community Health Educator
amontiel@ticenter.org • (520) 884-7131 ext. 2226
Tyler Smallcanyon: Native Pride Project Coordinator
tsmallcanyon@ticenter.org • (520) 884-7131 ext. 2227
Tucson Indian Center Staff

Executive Director
Jacob Bernal
Chemehuevi

Operations Director
Evelyn Ybarra-Pablo
Pascua Yaqui

Admin Support & Resources Clerk
Celina Sims
Tohono O’odham/Pascua Yaqui

Finance Director
Michael E. Spotted Wolf
Seminole/Creek/Hidatsa

Finance Clerk
Honey Ignacio
Tohono O’odham

Admin Support & Resources Coordinator
Margaret Merendo

Wellness Department

Wellness Director
Phoebe Cager
Yup’ik

Wellness Case Manager
Christina Luna

Wellness Case Manager
Dearlynn Crank
Navajo

Health Promotion Specialist
Marlene F. Jose
Tohono O’odham

Diabetes Prevention Specialist
Christine Chavez
Pascua Yaqui

Native Pride Project Coordinator
Tyler Smallcanyon
Navajo

Wellness Operations Manager
Veronica Boone
Laguna Pueblo/Navajo

Community Health Representative
Marcella Delgado
Tohono O’odham

Community Cultural Specialist & Educator
Drew Harris
Tohono O’odham

Youth & Community Health Educator
Angela Montiel
Pascua Yaqui

Wellness Transportation/Records Specialist
Vacant

Social Services Department

Social Services Director
Rose Grijalva

Intake & Supportive Services Case Manager
Jerry R. Romero
Tohono O’odham

Employment Case Manager
Estella Tarin

Community Outreach Specialist
Jerry R. Romero

Tucson Indian Center
Board of Directors

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Reminders & Announcements

- White Bison Recovery Group - ONLINE, Thursday’s @ 5:30 pm via WebEx - Contact: Christina Luna
- AllIR (American Indians in Recovery) AA Mtgs. - ONLINE, Thursday’s @ 5:30 pm via WebEx - Contact: Dearlynn Crank
- Native Sisters in Recovery - ONLINE, Thursday’s @ 5:30 pm via WebEx - Contact: Christina Luna
- Elders Monthly Luncheon - CANCELED
- Elders Talking Circle - CANCELED - Contact: Dearlynn Crank
- 2 Spirit of Tucson - ONLINE, Tues. July 14, 2020 @ 5:00 pm via WebEx - Contact: Marlene F. Jose
- Walking Club - CANCELED - Contact: Christine Chavez
- Native Lifestyle Balance - ONLINE, Thursday’s @ 2:00 pm via WebEx - Contact: Christine Chavez
- Native Youth Coalition - ONLINE, Tuesday’s @ 4:30 pm via WebEx - Contact: Angela Montiel
- T.O.N. WIC Program - CANCELED
- Diapers: CANCELED, to request items contact Pio Decimo Center @ (520) 622-2801
- Food Boxes: CANCELED, to request items contact: Community Food Bank @ (520) 622–0525
- Client Orientation - CANCELED, Contact: Case Managers

Visit our website to receive a digital copy of Native Wellness Voice:
www.ticenter.org

We are happy to share the monthly Native Wellness Voice with you. If you would like to receive an electronic copy or if you experience any problem related to this mailing, such as receiving more than 1 copy or the wrong name, please contact Tyler Smalcanyon at (520) 884-7131 ext. 2227 or tsmallcanyon@ticenter.org