

HOPE FOR LIFE

EAT.
SLEEP.
MOVE.

JOIN THE **TUCSON INDIAN CENTER**
FOR NATIONAL SUICIDE PREVENTION
MONTH. **ALL AGES WELCOME!**

◆ Step One: Register through Survey Monkey.

**Participants will receive a mailed care package with Sherpa blanket, activity wristband and other incentives! (limited to first 100)*

◆ Step Two: Register through Run Signup.

**Participants will receive a t-shirt/sweatshirt when they complete the run/walk, with proof! (limited to first 100)*

Virtual Run/Walk participants must reside in a Pima County zip code and be a tribal member to receive t-shirt incentives

SURVEY MONKEY LINK:

[HTTPS://WWW.SURVEYMONKEY.COM/R/HOPEFORLIFE](https://www.surveymonkey.com/r/hopeforlife)

RUN SIGN UP LINK:

[HTTPS://RUNSIGNUP.COM/TICHOPEFORLIFE](https://runsignup.com/ticchopeforlife)



**SURVERY MONKEY
REGISTRATION**
Ms. Casey John
Native Pride
Project Coordinator
cjohn@ticenter.org
520-884-7131, ext. 2227

**RUNSIGNUP
REGISTRATION**
Drew Harris
Community Cultural
Specialist & educator
dharris@ticenter.org
520-884-7131, ext. 2236

