



2021 NATIVE AMERICAN FAMILY WELLNESS DAY VIRTUAL EVENT



REACH
program

BE A GOOD RELATIVE



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Event Information:

Virtual event, **November 8th-10th, 2021, 6:00 PM – 7:00 PM**

The virtual event will be streamed through the Tucson Indian Center's Facebook page and website. The **first 250 people** to register that **reside in Pima county** will receive a event themed care package through the mail.

Day 1: November 8th, 2021, Diabetes Prevention

Day 2: November 9th, 2021, Mental Health Awareness Day

Day 3: November 10th, 2021, Substance Abuse Prevention Day

Where to Watch:

TIC Facebook Page: <https://www.Facebook.com/tucsonindiancenter/>

TIC website: Home - Tucson Indian Center (www.ticenter.org)

Where to Register: RUNSIGNUP.com:

<https://runsignup.com/2021nafwdvirtualevent>