

ative Wellness Voice

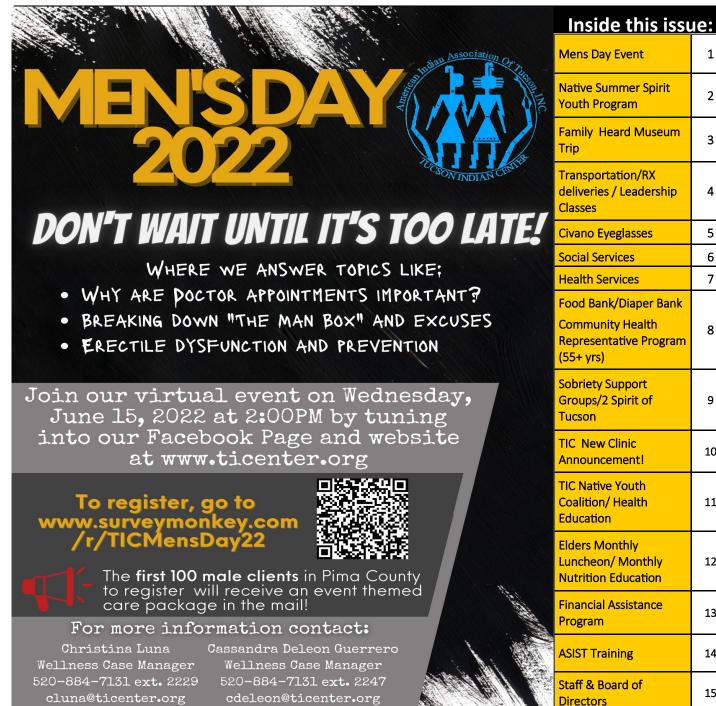
TUCSON INDIAN CENTER NATIVE WELLNESS VOICE

June 2022

VOLUME 40 ISSUE 6

www.ticenter.org

Scheduled Appointment, COVID-19 Screening, & Masks Required To Enter



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Weekly Meeting Times



NATIVE SUMMER SPIRIT YOUT PROGRAM

Session 1: July 12th-15th, Ages 8-12.

Session 2: July 20th-22nd, Ages 13-17.

Registration information & program details go to:

HTTPS://WWW.TICENTER.ORG/NATIVE-SUMMER-YOUTH-PROGRAM/

For more information contact: Native Connections Project Coordinator Drew Harris; 520-8847131 ext 2236 Dharris@ticenter.org

FAMILY MENTAL WELLNESS CLASS FIELD TRIP



HEARD MUSEUM FIELD TRIP

Sign-up is required. 30 participant limit.

TO SIGN-UP PLEASE CONTACT: DREW HARRIS: DHARRIS@TICENTER.ORG: 520-8847131 EXT 2236

Transportation will be provided from the Tucson Indian Center

Trip Schedule:

- Bus Departs at 7:45am
- Tour Starts at 10:00am
- Lunch at 12pm
- Return by 3pm.

Trip Date: June 11th, 2022









LEADERSHIP CLASSES

JUNE 2022

Dates

<u>Time:</u>

- Tuesday, June 07, 2022
- Tuesday, June 14, 2022
- Tuesday, June 21, 2022
- Tuesday, June 28, 2022
- Thursday, June 30, 2022

2PM-4PM





marguerite casey foundation

Location:

2nd Floor Tucson Indian Center 160 N. Stone Ave.

Contact:

Jerry R. Romero jromero@ticenter.org

TRANSPORTATION & MEDICATION DELIVERIES

TO SCHEDULE TRANSPORTATION OR MEDICATION DELIVERY, CONTACT:

ALLEN JOSE

OFFICE PHONE: 520-884-7131 EXT.

2244

CELL PHONE: 520-331-7134
EMAIL: AJOSE@TICENTER.ORG

OR

MARCELLA DELGADO

OFFICE PHONE: 520-884-7131 EXT. 2230 EMAIL: MDELGADO@TICENTER.ORG



- MUST CALL/EMAIL BEFORE 2:00PM TO HAVE MEDICATIONS PICKED UP THE NEXT BUSINESS DAY.
- MEDICATIONS WILL BE DELIVERED TO YOUR HOME OR TO TIC.
- THERE WILL BE NO TRANSPORT OR MEDICATIONS DELIVERY ON MONDAYS.

Accommodations will be made with IHOPE with 2 days advanced notice.



Native Wellness Voice



TIC is currently partnering with Civano Eyecare to provide these services to enrolled TIC Special Diabetes Program for Indians (SDPI) clients.

limited to a certain number of participants

Please contact: Christine Chavez, Diabetes Coordinator for more information.

520-884-7131 ext. 2235



LOOKING FOR A JOB? WE CAN HELP!

Our *WIOA Program* (Workforce Innovation & Opportunity Act) is designed to assist adult Native Americans living off-reservation and within the Tucson Metropolitan Area.

New client orientation is every Tuesday, from 10:00am to 11:00am (must RSVP to attend).

Job Clubs are every Thursday, from 10:00am to 11:00am (Must RSVP to attend).

June 2022 Job Club Schedule

Goodwill Southern Arizona
Eligible to Work
Young Adults
June 2, 2022
520-490-5973
Time:
10:00 AM-11:00 AM
Brenda Trujillo
Human Resources
Supervisor
Pima County
June 16, 2022
Time:

10:00 AM-11:00 AM

Lisa Larivee

Cheryl Lorentine-Grant
520-654 -4203
HR Specialist
Desert Diamond Casino
June 9, 2022
Time: 10:00 AM-11:00 AM
Time:

10:00 AM-11:00 AM

Pascua Yaqui Tribe Riana Garcia 520-879-5121 HR Specialist June 23, 2022 Time: 10:00 AM-11:00 AM Enrollment includes:

Job referrals

Resume workshops

Leadership classes

Job readiness training

TUCSON INDIAN CENTER

160 N. Stone Ave. Tucson, AZ 85701

(520) 884-7131

www.ticenter.org
By appointment
only!



Christopher Carusona II Fiduciary Trust Officer for Department of Interior, Bureau of Trust Funds Administration June 30, 2022

Time: 10:00 AM-11:00 AM

HEALTH SERVICES DEPT



- Weekly Mobile Vaccine Clinics
- COVID-19 Care Packages with great care items!
- Support & Assistance during isolation or Quarantine Related to COVID-19
- Assistance with COVID-19 Testing: including Scheduling/Transportation
- Access to COVID-19 Home Test Kits
- Health Education for COVID-19 and other Health Topics

Total Vaccinated to Date: 2,991

Tucson Indian Center continues to host successful Weekly Wednesday Vaccine Events in collaboration with Pima County Health Department, Premier Medical Group, and

Paradigm Labs



VACCINATIONS



TESTING

SCHEDULE

COMMUNITY FOOD BANK

Monday: 10:30am - 4:30 Pm

Wednesday: 8:30am - 11:30am

Friday: 8:30am - 4:30pm

DOCUMENTS REQUIRED: AZ DRIVER'S LICENSE, STATE IDENTIFICATION, AND PROOF
OF ADDRESS

PLEASE CALL THE FRONT DESK FOR AN APPOINTMENT AT 520-884-7131 OR FOR MORE INFORMATION.

SCHEDULE



Monday: 10:30am - 4:30pm

Tuesday - Friday: 8:30am - 4:00pm

DOCUMENTS REQUIRED: PARENT'S OR GUARDIAN'S AZ DRIVER'S LICENSE, STATE IDENTIFICATION, CHILD'S BIRTH CERTIFICATE, AND PROOF OF CUSTODIAL RIGHTS.

TUCSON INDIAN CENTER

COMMUNITY HEALTH
REPRESENTATIVE PROGRAM

ASSISTING ADULTS
55+ YEARS WITH
DISABILITIES AND
ELDER HOME-BOUND
CLIENTS

- HOME DELIVERY OF MEDICATIONS
- FOOD BOX DELIVERY (IF APPLICABLE)
- FOLLOWING CDC GUIDELINES
- SOCIAL DISTANCING
- MASKS REQUIRED!



UPDATE!

HOME TRANSPORTATION
NOW AVAILABLE. TO
ARRANGE AN APPOINTMENT,
PLEASE CONTACT OUR CHR
REPRESENTATIVE.



Call Marcella Delgado, CHR, at 520-884-7131 ext. 2230 for more information



SOBRIETY SUPPORT GROUPS

PLEASE JOIN US IN PERSON OR VIRTUALLY THROUGH WEBEX.COM

LOCATION: TUCSON INDIAN CENTER 160 N. STONE AVE.

THURSDAY

NATIVE SISTERS IN RECOVERY:

4:15 PM - 5:15 PM

WEBEX INFO

JOIN BY VIDEO

MEETING NUMBER (ACCESS CODE): 2631 069 9436

JOIN BY PHONE

+1-408-418-9388 Access code: 2631 069 9436 Host PIN: 1975

THURSDAY

WHITE BISON:

5:30 PM - 6:30 PM

WEBEX INFO

JOIN BY VIDEO

MEETING NUMBER (ACCESS CODE): 2632 170 1675 MEETING PASSWORD: WB2022

JOIN BY PHONE

+1-408-418-9388 Access code: 2632 170 1675 Host Pin: 1975

FRIDAY

AA MEETINGS:

8:30 AM - 9:30 AM

WEBEX INFO

JOIN BY VIDEO

MEETING NUMBER (ACCESS CODE): 2633 298 7088 MEETING PASSWORD: AA2022

JOIN BY PHONE

+1-408-418-9388 Access code: 2633 298 7088 Host Pin: 1975

TEMPERATURE CHECKS AND FACE MASKS WILL BE REQUIRED

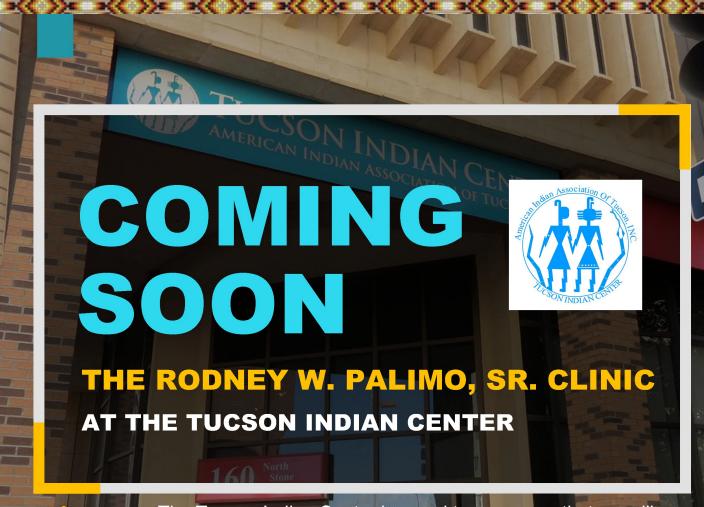
Please contact Christina Luna or Cassy Deleon Guerrero to reserve your spot! 520-884-7131















The Tucson Indian Center is proud to announce that we will be opening the Rodney W. Palimo, Sr. primary care clinic serving Tucson American Indians on the 3rd floor of our facility located at 160 North Stone Avenue, Tucson, Arizona 85701. We will be offering primary care medical services; COVID-19 medical services including vaccines, testing, and chronic care; behavioral health counseling; telemedicine; and personalized health education and case management.

health@ ticenter. org For more information, please stay tuned to our monthly newsletter, our website at www.ticenter.org, and our social media at www.fb.com/tucsonindiancenter, including upcoming announcements of our opening date and open house date. Please also call (520)884-7131 or email health@ticenter.org for more information.









NATIVE YOUTH COALITION

IN PERSON OR VIRTUAL THROUGH WEBEX

TIME 4:30 PM - 5:30 PM

DATES
JUNE 14TH
JUNE 28TH



CONTACT: CHRISTINE CHAVEZ FOR MORE INFORMATION AT 520-884-7131 EXT. 2235 OR CCHAVEZ@TICENTER.ORG

Tucson Indian Center's HEALTH EDUCATION

Now every
Thursday 10am11:30am. No more
Wednesdays.

You will no longer be able to login through WebEx. To Join please call!



TO JOIN BY PHONE PLEASE CALL

MARLENE F. JOSE:

520-884-7131 EXT.2238 OR

MJOSE@TICENTER.ORG

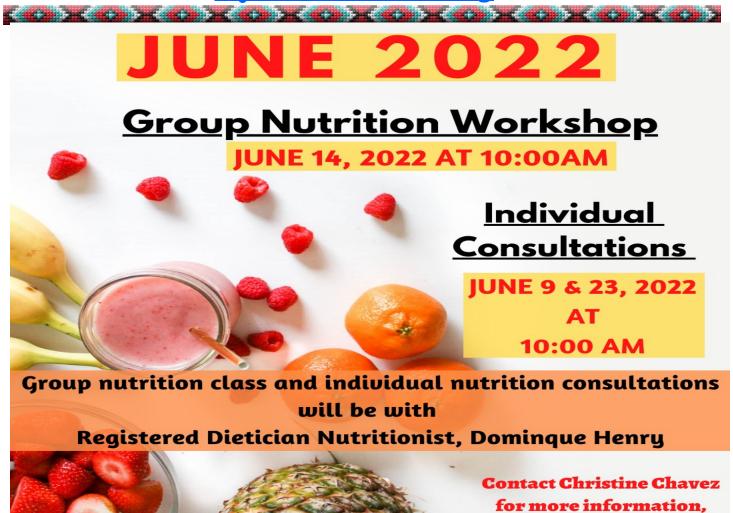


Elder Monthly Luncheon (55 or older)

June 29,2022, 12:00pm-3:00pm

RSVP with Marlene F. Jose (520) 884-7131 ext. 2238 or

mjose@ticenter.org



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520-884-7131 ext. 2235

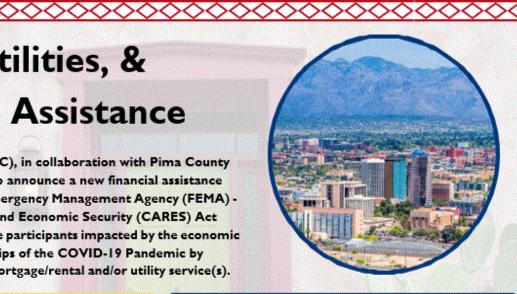


Tucson Indian Center Financial Assistance Program



Rental, Utilities, & Mortgage Assistance

Tucson Indian Center (TIC), in collaboration with Pima County Government, is excited to announce a new financial assistance program. The Federal Emergency Management Agency (FEMA) -Coronavirus Aid, Relief, and Economic Security (CARES) Act Program will assist eligible participants impacted by the economic consequences and hardships of the COVID-19 Pandemic by providing a one-month mortgage/rental and/or utility service(s).



Requirements and Documents needed:

- · Reside in Pima County of Arizona
- Applicant's state issued photo I.D.
- Copies of all current or past due Month Rent/Mortgage Invoice
 - Rental or Mortgage late notice
- Copies of all current or past due Utilities Invoices
 - Gas
 - Electric
 - Water
 - Sewer
 - Propane

If you reside in Pima County, you may apply. (**This program is NOT limited to Native Americans/American Indians.**)

*Monday's only

*The 1st (10) callers will be accepted from 8:00am-10:00am only

*All calls received prior to 8:00am will NOT be considered

*Case Managers will only take the first (10) callers

*Case Managers will screen the caller and provide them with information on the program, process, and required documents

*Case Managers will schedule a time/date for an intake (FEMA)

*Appointments are same week Tuesday, Wednesday, and Thursday only

All FEMA calls must go through the Tucson Indian Center cell phone # 520-331-7130 only



Tucson Indian Center 160 N. Stone Ave. Social Services Dept.

Jerry R Romero Tiffany SantaMaria

520-331-7130





COMMUNITY APPLIED SUICIDE INTERVENTION SKILLS TRAINNING (ASIST)

The Workshop:

ASIST provides practical training for community members seeking to prevent the immediate risk of suicide. Participants often include:

- · People concerned about family, friends TIC Workshop
- · Natural helpers and advisers
- · Emergency service workers
- · Counselors, teachers and ministers
- · Mental health practitioners
- · Workers in health, welfare or justice
- · Community volunteers

ASIST uses many different teaching processes to create a practice-oriented and interactive learning experience

ATTENDANCE AT THE FULL TWO DAYS IS REQUIRED.

LEARN HOW TO:

- RECOGNIZE INVITATIONS FOR HELP
- REACH OUT AND OFFER SUPPORT
- REVIEW THE RISK OF SUICIDE
- APPLY A SUICIDE INTERVENTION MODEL
- LINK PEOPLE WITH COMMUNITY RESOURCES

Dates:

June 28th & 29th

To sign-up Please contact:

Drew Harris; Dharris@ticenter.org

520-884-7131 ext 2236

Tucson Indian Center Staff

Executive Director

Jacob Bernal

Chemehuevi

Admin Support & Resources Coordinator Margie Merendo

Facilities Management Assistant

Melissa Loeschen

Operations Manager Elsa Gunnberg

Admin Support & Resources Clerk

Vacant

Operations Admin Support Clerk

Vacant

Human Resources Manager

Vacant

Finance Director

Michael E. Spotted Wolf

Seminole/Creek/Hidatsa

Staff Accountant Honey Ignacio Tohono O'odham

Accountant Clerk
Claudia Oldman

Wellness Department

Wellness Director **Veronica Boone** Laguna Pueblo/Navajo

Wellness Case Manager
Christina Luna

Wellness Case Manager
Cassandra Deleon Guerrero

Health Promotion Specialist

Marlene F. Jose

Tohono O'odham

Wellness Operations Manager

Dearlynn Crank

Navajo

Community Health Representative

Marcella Delgado

Tohono O'odham

Native Connections Project
Coordinator
Drew Harris
Tohono O'odham

Youth & Community Health
Educator
Vacant

Transportation & Medical Records Specialist Allen Jose Tohono O'odham

Diabetes Prevention Specialist

Christine Chavez

Pascua Yaqui

Health Services Department

Health Director

Phoebe Cager

Yup'ik

Outreach Manager **Dylan Baysa**Choctaw

HSD Admin. & Outreach Assistant **Vacant** Medical Director **Dr. Peter Ziegler**

Medical Business Office Manager

Tricia Clark

Medical Records Clerk **Kathy Perez**Pascua Yaqui

COVID-19 Community Health Representative

Leslie Van Hoy

COVID-19 Community Health Representative

Nickolis Joe Navajo

Social Services Department

Social Services Director
Tiffany Santamaria

Intake & Supportive Services Case

Manager

Jerry R. Romero

Tohono O'odham

Employment Case Manager
Estella Tarin

Case Manager & Community Outreach Specialist **Vacant**

Native Voice is Published by the American Indian Association of Tucson D.B.A. Tucson Indian Center

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Fax: 520-884-0240

www.ticenter.org

The Tucson Indian Center leads, serves, strengthens, and advocates for the people of the greater Tucson Area with a special emphasis on the Urban Native American Community.

Reminders & Announcements

Save the Date:

Native Summer Spirit Youth Program July 12th-15th & 20th-22nd, July opening of the TIC Clinic!

- New Client Orientation Every Tuesday 10:00am-11:00am—Contact: Wellness or Social Services Case Managers
- Walking Club Tuesdays @ 8:30 am—9:30am—Contact: Christine Chavez
- 2 Spirit of Tucson June 13th, 2022 @5:00 pm—6:30 pm Contact: Marlene F. Jose
- Health Education—Thursdays @ 10:00am-11:30am—Contact: Marlene F. Jose
- Tai Chi—Wednesdays @ 10:00am—11:00am—Contact: Christine Chavez
- Elders Luncheon June 29th—Contact: Marlene F. Jose
- Native Sisters in Recovery Thursdays @ 4:15pm—5:15pm—Contact: Christina Luna
- Native Youth Coalition
 June 7th and 21st @ 4:30 pm
 –5:30 pm

 Contact: TBD
- White Bison Recovery Group Thursdays @5:30 pm—6:30pm—Contact: Christina Luna
- AIIR (American Indians in Recovery) AA Mtgs. Fridays @ 8:30 am-9:30 am-Contact: Christina Luna
- Group Lifestyle Balance— Fridays @ 10:00am—11:00am—Contact: Christine Chavez
- T.O.N. WIC Program Telephonic services ONLY—Contact: T.O.N. WIC Program (520) 383-6217

Visit our website to receive a digital copy of Native Wellness Voice:

We are happy to share the monthly Native Wellness Voice with you. If you would like to receive an electronic copy or if you experience any problem related to this mailing, such as receiving more than one copy or the wrong name, please contact Drew Harris at (520) 884-7131 ext. 2236 or dharris@ticenter.org.