



# TUCSON INDIAN CENTER NATIVE WELLNESS VOICE

June 2022

VOLUME 40 ISSUE 6

[www.ticenter.org](http://www.ticenter.org)

**Scheduled Appointment, COVID-19 Screening, & Masks Required To Enter**

## MEN'S DAY 2022



### ***DON'T WAIT UNTIL IT'S TOO LATE!***

WHERE WE ANSWER TOPICS LIKE;

- WHY ARE DOCTOR APPOINTMENTS IMPORTANT?
- BREAKING DOWN "THE MAN BOX" AND EXCUSES
- ERECTILE DYSFUNCTION AND PREVENTION

Join our virtual event on Wednesday,  
June 15, 2022 at 2:00PM by tuning  
into our Facebook Page and website  
at [www.ticenter.org](http://www.ticenter.org)

To register, go to  
[www.surveymonkey.com/r/TICMensDay22](http://www.surveymonkey.com/r/TICMensDay22)



The first 100 male clients in Pima County  
to register will receive an event themed  
care package in the mail!

For more information contact:

Christina Luna  
Wellness Case Manager  
520-884-7131 ext. 2229  
[cluna@ticenter.org](mailto:cluna@ticenter.org)

Cassandra Deleon Guerrero  
Wellness Case Manager  
520-884-7131 ext. 2247  
[cdeleon@ticenter.org](mailto:cdeleon@ticenter.org)

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## **NATIVE SUMMER SPIRIT YOUTH PROGRAM**

**Session 1: July 12th-15th, Ages 8-12.**

**Session 2: July 20th-22nd, Ages 13-17.**

**Registration information & program details go to:**

**[HTTPS://WWW.TICENTER.ORG/NATIVE-SUMMER-YOUTH-PROGRAM/](https://www.ticenter.org/native-summer-youth-program/)**

**For more information contact:**

**Native Connections Project Coordinator  
Drew Harris; 520-8847131 ext 2236  
[Dharris@ticenter.org](mailto:Dharris@ticenter.org)**

# FAMILY MENTAL WELLNESS CLASS FIELD TRIP



## HEARD MUSEUM FAMILY FIELD TRIP

**Sign-up is required. 30 participant limit.**

TO SIGN-UP PLEASE CONTACT:  
DREW HARRIS; DHARRIS@TICENTER.ORG ;  
520-8847131 EXT 2236

**Transportation will be provided  
from the Tucson Indian Center**

### **Trip Schedule:**

- Bus Departs at 7:45am
- Tour Starts at 10:00am
- Lunch at 12pm
- Return by 3pm.

**Trip Date:  
June 11th,  
2022**





# LEADERSHIP CLASSES

JUNE 2022

## Dates

- Tuesday, June 07, 2022
- Tuesday, June 14, 2022
- Tuesday, June 21, 2022
- Tuesday, June 28, 2022
- Thursday, June 30, 2022

## Time:

2PM-4PM



marguerite casey foundation

## Location:

2nd Floor  
Tucson Indian Center  
160 N. Stone Ave.

## Contact:

Jerry R. Romero  
jromero@ticenter.org

## TRANSPORTATION & MEDICATION DELIVERIES

TO SCHEDULE TRANSPORTATION OR  
MEDICATION DELIVERY, CONTACT:

ALLEN JOSE

OFFICE PHONE: 520-884-7131 EXT.  
2244

CELL PHONE: 520-331-7134  
EMAIL: AJOSE@TICENTER.ORG  
OR

MARCELLA DELGADO

OFFICE PHONE: 520-884-7131 EXT. 2230  
EMAIL: MDELGADO@TICENTER.ORG



- MUST CALL/EMAIL BEFORE 2:00PM TO HAVE MEDICATIONS PICKED UP THE NEXT BUSINESS DAY.
- MEDICATIONS WILL BE DELIVERED TO YOUR HOME OR TO TIC.
- **THERE WILL BE NO TRANSPORT OR MEDICATIONS DELIVERY ON MONDAYS.**

Accommodations will be made with IHOPE with 2 days advanced notice.









# LOOKING FOR A JOB? WE CAN HELP!

Our **WIOA Program** (Workforce Innovation & Opportunity Act) is designed to assist adult Native Americans living off-reservation and within the Tucson Metropolitan Area.

**New client orientation** is every **Tuesday, from 10:00am to 11:00am** (must RSVP to attend).

**Job Clubs** are every **Thursday, from 10:00am to 11:00am** (Must RSVP to attend).

## June 2022 Job Club Schedule

<p>Lisa Larivee Goodwill Southern Arizona Eligible to Work Young Adults June 2, 2022 520-490-5973 Time: <b>10:00 AM-11:00 AM</b></p>	<p>Cheryl Lorentine-Grant 520-654 -4203 HR Specialist Desert Diamond Casino June 9, 2022 Time: 10:00 AM-11:00 AM Time: <b>10:00 AM-11:00 AM</b></p>
<p>Brenda Trujillo Human Resources Supervisor Pima County June 16, 2022 Time: <b>10:00 AM-11:00 AM</b></p>	<p>Pascua Yaqui Tribe Riana Garcia 520-879-5121 HR Specialist June 23, 2022 Time: <b>10:00 AM-11:00 AM</b></p>

**Enrollment  
includes:**

**Job referrals**

**Resume  
workshops**

**Leadership  
classes**

**Job readiness  
training**

## TUCSON INDIAN CENTER

160 N. Stone Ave. Tucson,  
AZ 85701

(520) 884-7131

[www.ticenter.org](http://www.ticenter.org)  
By appointment  
only!



Christopher Carusona II  
Fiduciary Trust Officer  
for Department of Interior, Bureau of  
Trust Funds Administration  
June 30, 2022  
**Time: 10:00 AM-11:00 AM**

520-884-7131

HEALTH@TICENTER.ORG

# HEALTH SERVICES DEPT



## Current Covid-19 Services

- Weekly Mobile Vaccine Clinics
- COVID-19 Care Packages with great care items!
- Support & Assistance during isolation or Quarantine Related to COVID-19
- Assistance with COVID-19 Testing: including Scheduling/Transportation
- Access to COVID-19 Home Test Kits
- Health Education for COVID-19 and other Health Topics

Total Vaccinated to Date: **2,991**

Tucson Indian Center continues to host successful Weekly Wednesday Vaccine Events in collaboration with Pima County Health Department, Premier Medical Group, and Paradigm Labs



VACCINATIONS



TESTING



## SCHEDULE

### COMMUNITY FOOD BANK



Monday: 10:30am - 4:30pm

Wednesday: 8:30am - 11:30am

Friday: 8:30am - 4:30pm

DOCUMENTS REQUIRED: AZ DRIVER'S LICENSE, STATE IDENTIFICATION, AND PROOF OF ADDRESS

**PLEASE CALL THE FRONT DESK FOR AN APPOINTMENT  
AT 520-884-7131 OR FOR MORE INFORMATION.**

## SCHEDULE



### DIAPER BANK

Monday: 10:30am - 4:30pm

Tuesday - Friday: 8:30am - 4:00pm

DOCUMENTS REQUIRED: PARENT'S OR GUARDIAN'S AZ DRIVER'S LICENSE, STATE IDENTIFICATION, CHILD'S BIRTH CERTIFICATE, AND PROOF OF CUSTODIAL RIGHTS.

### TUCSON INDIAN CENTER COMMUNITY HEALTH REPRESENTATIVE PROGRAM

**ASSISTING ADULTS  
55+ YEARS WITH  
DISABILITIES AND  
ELDER HOME-BOUND  
CLIENTS**

- HOME DELIVERY OF MEDICATIONS
- FOOD BOX DELIVERY (IF APPLICABLE)
- FOLLOWING CDC GUIDELINES
- SOCIAL DISTANCING
- MASKS REQUIRED!



#### UPDATE!

HOME TRANSPORTATION  
NOW AVAILABLE. TO  
ARRANGE AN APPOINTMENT,  
PLEASE CONTACT OUR CHR  
REPRESENTATIVE.



**Call Marcella Delgado, CHR, at 520-884-7131 ext. 2230 for more information**





# SOBRIETY SUPPORT GROUPS

PLEASE JOIN US IN PERSON OR VIRTUALLY THROUGH [WEBEX.COM](https://www.webex.com)

**LOCATION: TUCSON INDIAN CENTER 160 N. STONE AVE.**

## THURSDAY

**NATIVE SISTERS IN  
RECOVERY:**

**4:15 PM - 5:15 PM**

### WEBEX INFO

#### JOIN BY VIDEO

MEETING NUMBER (ACCESS CODE): 2631 069 9436

MEETING PASSWORD: SISTER2022

#### JOIN BY PHONE

+1-408-418-9388

ACCESS CODE: 2631 069 9436

HOST PIN: 1975

## THURSDAY

**WHITE BISON:**

**5:30 PM - 6:30 PM**

### WEBEX INFO

#### JOIN BY VIDEO

MEETING NUMBER (ACCESS CODE): 2632 170 1675

MEETING PASSWORD: WB2022

#### JOIN BY PHONE

+1-408-418-9388

ACCESS CODE: 2632 170 1675

HOST PIN: 1975

## FRIDAY

**AA MEETINGS:**

**8:30 AM - 9:30 AM**

### WEBEX INFO

#### JOIN BY VIDEO

MEETING NUMBER (ACCESS CODE): 2633 298 7088

MEETING PASSWORD: AA2022

#### JOIN BY PHONE

+1-408-418-9388

ACCESS CODE: 2633 298 7088

HOST PIN: 1975

\*TEMPERATURE CHECKS AND FACE MASKS WILL BE REQUIRED\*

**Please contact Christina Luna or Cassy Deleon Guerrero to reserve your spot! 520-884-7131**



**MEETINGS ARE NOW EVERY  
2ND MONDAYS OF EVERY  
MONTH!**

**Next Meeting:  
Monday June 13th, 2022  
5:00pm-6:30pm**



**To join online via WebEx or Walk-in, send your email address to  
Marlene F. Jose at [mjose@ticenter.org](mailto:mjose@ticenter.org).  
Any additional information contact Marlene at 520-884-7131 ext. 2238**



# COMING SOON



## THE RODNEY W. PALIMO, SR. CLINIC AT THE TUCSON INDIAN CENTER



(520)  
884-  
7131



The Tucson Indian Center is proud to announce that we will be opening the Rodney W. Palimo, Sr. primary care clinic serving Tucson American Indians on the 3<sup>rd</sup> floor of our facility located at 160 North Stone Avenue, Tucson, Arizona 85701. We will be offering primary care medical services; COVID-19 medical services including vaccines, testing, and chronic care; behavioral health counseling; telemedicine; and personalized health education and case management.

health@  
ticenter.  
org

*For more information, please stay tuned to our monthly newsletter, our website at [www.ticenter.org](http://www.ticenter.org), and our social media at [www.fb.com/tucsonindiancenter](https://www.facebook.com/tucsonindiancenter), including upcoming announcements of our opening date and open house date. Please also call (520)884-7131 or email [health@ticenter.org](mailto:health@ticenter.org) for more information.*







# NATIVE YOUTH COALITION

IN PERSON OR VIRTUAL THROUGH WEBEX

## TIME

4:30 PM - 5:30 PM

## DATES

JUNE 14TH

JUNE 28TH



**CONTACT: CHRISTINE CHAVEZ FOR  
MORE INFORMATION AT 520-884-7131  
EXT. 2235 OR CCHAVEZ@TICENTER.ORG**

## Tucson Indian Center's HEALTH EDUCATION



**Now every  
Thursday 10am-  
11:30am. No more  
Wednesdays.**

**You will no longer  
be able to login  
through WebEx. To  
Join please call!**



**TO JOIN BY PHONE  
PLEASE CALL  
MARLENE F. JOSE:  
520-884-7131 EXT.2238  
OR  
MJOSE@TICENTER.ORG**



## **Elder Monthly Luncheon (55 or older)**

**June 29, 2022, 12:00pm-3:00pm**

**RSVP with Marlene F. Jose  
(520) 884-7131 ext. 2238 or**

**[mjose@ticenter.org](mailto:mjose@ticenter.org)**

# **JUNE 2022**

## **Group Nutrition Workshop**

**JUNE 14, 2022 AT 10:00AM**

## **Individual Consultations**

**JUNE 9 & 23, 2022  
AT  
10:00 AM**

**Group nutrition class and individual nutrition consultations  
will be with**

**Registered Dietician Nutritionist, Dominique Henry**

**Contact Christine Chavez  
for more information,  
520-884-7131 ext. 2235**





# Tucson Indian Center Financial Assistance Program



## Rental, Utilities, & Mortgage Assistance

Tucson Indian Center (TIC), in collaboration with Pima County Government, is excited to announce a new financial assistance program. The Federal Emergency Management Agency (FEMA) - Coronavirus Aid, Relief, and Economic Security (CARES) Act Program will assist eligible participants impacted by the economic consequences and hardships of the COVID-19 Pandemic by providing a one-month mortgage/rental and/or utility service(s).



### **Requirements and Documents needed:**

- Reside in Pima County of Arizona
- Applicant's state issued photo I.D.
- Copies of all current or past due Month Rent/Mortgage Invoice
  - Rental or Mortgage late notice
- Copies of all current or past due Utilities Invoices
  - Gas
  - Electric
  - Water
  - Sewer
  - Propane

If you reside in Pima County, you may apply.  
(\*\*This program is NOT limited to Native Americans/American Indians.)

### **\*Monday's only**

\*The **1st (10) callers** will be accepted from 8:00am-10:00am only

\*All calls received prior to 8:00am **will NOT** be considered

\*Case Managers will only **take the first (10)** callers

\*Case Managers will screen the caller and provide them with information on the program, process, and required documents

\*Case Managers will schedule a time/date for an intake (FEMA)

\*Appointments are same week Tuesday, Wednesday, and Thursday only

**All FEMA calls must go through the Tucson Indian Center cell phone # 520-331-7130 only**



Tucson Indian Center  
160 N. Stone Ave.  
Social Services Dept.

Jerry R Romero  
Tiffany SantaMaria  
**520-331-7130**





DJY Consulting



  
**LivingWorks**

# COMMUNITY APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)

## ***The Workshop:***

ASIST provides practical training for community members seeking to prevent the immediate risk of suicide.

Participants often include:

- People concerned about family, friends
- Natural helpers and advisers
- Emergency service workers
- Counselors, teachers and ministers
- Mental health practitioners
- Workers in health, welfare or justice
- Community volunteers

**TIC Workshop**

**Dates:**

**June 28th & 29th**

ASIST uses many different teaching processes to create a practice-oriented and interactive learning experience

**ATTENDANCE AT THE FULL TWO DAYS IS REQUIRED.**

**LEARN HOW TO:**

- RECOGNIZE INVITATIONS FOR HELP
- REACH OUT AND OFFER SUPPORT
- REVIEW THE RISK OF SUICIDE
- APPLY A SUICIDE INTERVENTION MODEL
- LINK PEOPLE WITH COMMUNITY RESOURCES

**To sign-up Please  
contact:**

**Drew Harris;  
Dharris@ticenter.org  
520-884-7131 ext 2236**

## Tucson Indian Center Staff

Executive Director <b>Jacob Bernal</b> Chemehuevi	Operations Manager <b>Elsa Gunnberg</b>	Finance Director <b>Michael E. Spotted Wolf</b> Seminole/Creek/Hidatsa
Admin Support & Resources Coordinator <b>Margie Merendo</b>	Admin Support & Resources Clerk <b>Vacant</b>	Staff Accountant <b>Honey Ignacio</b> Tohono O'odham
Facilities Management Assistant <b>Melissa Loeschen</b>	Operations Admin Support Clerk <b>Vacant</b>	Accountant Clerk <b>Claudia Oldman</b>
	Human Resources Manager <b>Vacant</b>	

## Wellness Department

Wellness Director <b>Veronica Boone</b> Laguna Pueblo/Navajo	Wellness Operations Manager <b>Dearlynn Crank</b> Navajo	Youth & Community Health Educator <b>Vacant</b>
Wellness Case Manager <b>Christina Luna</b>	Community Health Representative <b>Marcella Delgado</b> Tohono O'odham	Transportation & Medical Records Specialist <b>Allen Jose</b> Tohono O'odham
Wellness Case Manager <b>Cassandra Deleon Guerrero</b>	Native Connections Project Coordinator <b>Drew Harris</b> Tohono O'odham	Diabetes Prevention Specialist <b>Christine Chavez</b> Pascua Yaqui
Health Promotion Specialist <b>Marlene F. Jose</b> Tohono O'odham		

## Health Services Department

Health Director <b>Phoebe Cager</b> Yup'ik	Medical Director <b>Dr. Peter Ziegler</b>	COVID-19 Community Health Representative <b>Leslie Van Hoy</b>
Outreach Manager <b>Dylan Baysa</b> Choctaw	Medical Business Office Manager <b>Tricia Clark</b>	COVID-19 Community Health Representative <b>Nickolis Joe</b> Navajo
HSD Admin. & Outreach Assistant <b>Vacant</b>	Medical Records Clerk <b>Kathy Perez</b> Pascua Yaqui	

## Social Services Department

Social Services Director <b>Tiffany Santamaria</b>	Employment Case Manager <b>Estella Tarin</b>
Intake & Supportive Services Case Manager <b>Jerry R. Romero</b> Tohono O'odham	Case Manager & Community Outreach Specialist <b>Vacant</b>

*Native Voice is Published by the American Indian Association of  
Tucson D.B.A. Tucson Indian Center*

## Tucson Indian Center Board of Directors

Chairman  
**Alexander Lewis**  
Tohono O'odham

Vice Chairman  
**Mark Bahti**

Treasurer  
**Yolanda Molina**  
Pascua Yaqui

Board Member  
**Amalia Reyes**  
Pascua Yaqui

Board Member  
**Keyna Gutierrez**  
Tohono O'odham

Board Member  
**Vacant**

Board Member  
**Ned Norris**  
Tohono O'odham

## Tucson Indian Center Advisory Council

**Melissa Cota**  
Tohono O'odham  
**Julian Hernandez**  
Pascua Yaqui  
**Olivia Villegas-Liston**  
Tohono O'odham

## American Indian Association of Tucson, Inc.



### Tucson Indian Center

160 North Stone

Tucson, AZ 85701

Phone: 520-884-7131

Fax: 520-884-0240

[www.ticenter.org](http://www.ticenter.org)

**The Tucson Indian Center leads, serves, strengthens, and advocates for the people of the greater Tucson Area with a special emphasis on the Urban Native American Community.**

## Reminders & Announcements

### Save the Date:

Native Summer Spirit Youth Program July 12th-15th & 20th-22nd, July opening of the TIC Clinic!

- New Client Orientation - Every Tuesday 10:00am-11:00am—Contact: Wellness or Social Services Case Managers
- Walking Club - Tuesdays @ 8:30 am—9:30am—Contact: Christine Chavez
- 2 Spirit of Tucson - June 13th, 2022 @5:00 pm—6:30 pm Contact: Marlene F. Jose
- Health Education—Thursdays @ 10:00am-11:30am—Contact: Marlene F. Jose
- Tai Chi—Wednesdays @ 10:00am—11:00am—Contact: Christine Chavez
- Elders Luncheon - June 29th—Contact: Marlene F. Jose
- Native Sisters in Recovery - Thursdays @ 4:15pm—5:15pm—Contact: Christina Luna
- Native Youth Coalition— June 7th and 21st @ 4:30 pm—5:30 pm—Contact: TBD
- White Bison Recovery Group - Thursdays @5:30 pm—6:30pm—Contact: Christina Luna
- AIIR (American Indians in Recovery) AA Mtgs. - Fridays @ 8:30 am- 9:30 am—Contact: Christina Luna
- Group Lifestyle Balance— Fridays @ 10:00am—11:00am—Contact: Christine Chavez
- T.O.N. WIC Program - Telephonic services ONLY—Contact: T.O.N. WIC Program (520) 383-6217

**Visit our website to receive a digital copy of Native Wellness Voice:**

*We are happy to share the monthly Native Wellness Voice with you. If you would like to receive an electronic copy or if you experience any problem related to this mailing, such as receiving more than one copy or the wrong name, please contact Drew Harris at (520) 884-7131 ext. 2236 or [dharris@ticenter.org](mailto:dharris@ticenter.org).*