



TUCSON INDIAN CENTER NATIVE WELLNESS VOICE

September 2022

VOLUME 40 ISSUE 9

www.ticenter.org

Scheduled Appointment, COVID-19 Screening, & Masks Required To Enter

September 10th, 2022 is World Suicide
Prevention Day

**Join the Tucson Indian Center and it's partners
virtually for a day of Suicide Prevention education,
awareness, and resources.**

**DO YOU KNOW SUICIDAL
WARNING SIGNS?**



**To Register follow
link below:**

<https://www.surveymonkey.com/r/FBX6M9X>



988

**NATIONAL SUICIDE
PREVENTION LIFELINE**

**Do you know local
mental health
resources?**



**FOR MORE INFORMATION:
DREW HARRIS
520884-7131 EXT 2236
DHARRIS@TICENTER.ORG**

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TUCSON INDIAN CENTER

160. N STONE AVE
3RD FLOOR

RODNEY W. PALIMO, SR. CLINIC

**NOW
OPEN!**



**Rodney W. Palimo, Sr.
Clinic now open with
initial Services!**

Additional Services:

- Transportation
- Home Visits
- Care Packages & COVID-19 Supplies
- Quarantine Support
- Education
- Welfare Checks
- Case Management

Contact Us!
(520)884-7131
health@ticenter.org

Initial Services:

- **Weekly Wednesday Vaccine Event**
in partnership with Pima County Health Department
Every Wed, 3:00p-5:30p
- **Registered Nurse Appointments**
Preventative Health Screenings
in partnership with UA Mobile Health and College of Family & Community Medicine
Every Tues & Thu, Times TBA
- **Women, Infants and Children (W.I.C) Clinic**
in partnership with Tohono O'odham Nation
9/2, 9/21, 10/7, 10/19, 11/4, 11/30.
(10:00a-3:00p)



COLLEGE OF MEDICINE TUCSON
**Family & Community
Medicine**



SOBRIETY SUPPORT GROUPS

PLEASE JOIN US IN PERSON OR VIRTUALLY THROUGH WEBEX.COM

LOCATION: TUCSON INDIAN CENTER 160 N. STONE AVE.

THURSDAY

**NATIVE SISTERS IN
RECOVERY:**

4:15 PM - 5:15 PM

WEBEX INFO

JOIN BY VIDEO

MEETING NUMBER (ACCESS CODE): 2631 069 9436

MEETING PASSWORD: SISTER2022

JOIN BY PHONE

+1-408-418-9388

ACCESS CODE: 2631 069 9436

HOST PIN: 1975

THURSDAY

WHITE BISON:

5:30 PM - 6:30 PM

WEBEX INFO

JOIN BY VIDEO

MEETING NUMBER (ACCESS CODE): 2632 170 1675

MEETING PASSWORD: WB2022

JOIN BY PHONE

+1-408-418-9388

ACCESS CODE: 2632 170 1675

HOST PIN: 1975

FRIDAY

AA MEETINGS:

8:30 AM - 9:30 AM

WEBEX INFO

JOIN BY VIDEO

MEETING NUMBER (ACCESS CODE): 2633 298 7088

MEETING PASSWORD: AA2022

JOIN BY PHONE

+1-408-418-9388

ACCESS CODE: 2633 298 7088

HOST PIN: 1975

TEMPERATURE CHECKS AND FACE MASKS WILL BE REQUIRED

Please contact Christina Luna to reserve your spot! 520-884-7131



Tucson Indian Center's **Elder's Monthly Luncheon**

**September 28th, 2022,
12pm-3pm
(Last Wednesday of the
month)**

**RSVP with Marlene
(520) 884-7131 Ext 2238
or Mjose@ticenter.org**





LOOKING FOR A JOB? WE CAN HELP!

Our **WIOA Program** (Workforce Innovation & Opportunity Act) is designed to assist adult Native Americans living off-reservation and within the Tucson Metropolitan Area.

New client orientation is every **Tuesday, from 10:00am to 11:00am** (must RSVP to attend).

Job Clubs are every **Thursday, from 10:00am to 11:00am** (Must RSVP to attend).

June 2022 Job Club Schedule

DKA The Justice Program Realizing the power of Potential September 1, 2022, Darius Wentz, BHT Outreach Specialist Cell- 520-554-2247 Time: 10:00 AM-11:00 AM	Massai Leon Indigenous Community Outreach Arizona Conservation Corps September 08, 2022 928-310-8822 Time: 10:00 AM-11:00 AM
Matt O'Connor 989-287-2732 City of Tucson Az. September 15, 2022 Time: 10:00 AM-11:00 AM	Brenda Trujillo Human Resources Supervisor Pima County September 22, 2022 Time: 10:00 AM-11:00 AM

**Enrollment
includes:**

Job referrals

**Resume
workshops**

**Leadership
classes**

**Job readiness
training**

TUCSON INDIAN CENTER

160 N. Stone Ave. Tucson,
AZ 85701

(520) 884-7131

www.ticenter.org
By appointment
only!



Leo Verdugo
Veterans Workforce Specialist
Arizona @ Work Innovative
Workforce Solutions
September 29, 2022
Time: 10:00 AM-11:00 AM

Community Food Bank Schedule

Monday	11:00am - 4:00pm
Tuesday	9:00am - 4:00pm
Wednesday	9:00am - 11:30am
Thursday	9:00am - 4:00pm
Friday	9:00am - 4:00pm

Please call for an appointment (520)-884-7131

Documents Required: License/ID and proof of address

One Food Box A Month Per Family



Monday	11:00am-4:00pm
Tuesday	9:00am-4:00pm
Wednesday	9:00am-11:30pm
Thursday	9:00am-4:00pm
Friday	9:00am-4:00pm

Please call for an appointment (520)-884-7131

Documents required: License/ID, child's birth certificate or proof of custodial rights

Limit: 75 Diapers, 25 period products a month



TRANSPORTATION & MEDICATION DELIVERIES

TO SCHEDULE TRANSPORTATION OR MEDICATION DELIVERY, CONTACT:

ALLEN JOSE

OFFICE PHONE: 520-884-7131 EXT. 2244

CELL PHONE: 520-331-7134

EMAIL: AJOSE@TICENTER.ORG OR

MARCELLA DELGADO

**OFFICE PHONE: 520-884-7131 EXT. 2230
EMAIL: MDELGADO@TICENTER.ORG**



- **MUST CALL/EMAIL BEFORE 2:00PM TO HAVE MEDICATIONS PICKED UP THE NEXT BUSINESS DAY.**
- **MEDICATIONS WILL BE DELIVERED TO YOUR HOME OR TO TIC.**
- **THERE WILL BE NO TRANSPORT OR MEDICATIONS DELIVERY ON MONDAYS.**

Accommodations will be made with IHOPE with 2 days advanced notice.



Tucson Indian Center

Health Education



Every Thursday at 10:30am-12:00pm

Please RSVP or for more information contact, Marlene F. Jose.

520-884-7131 ext. 2238 or mjose@ticenter.org

2 Spirit of Tucson

TUCSON INDIAN CENTER

Walk-in & Webex/Meetings

Every 2nd Monday of the month

Next Meeting: **September 12, 2022 , 5:30pm-7:00pm**

To join please contact:

Marlene F. Jose
Email or Phone mjose@ticenter.org Or
(520) 884-7131 ext. 2238



Tucson Indian Center Staff

Executive Director
Jacob Bernal
Chemehuevi

Human Resource Manager
Carl Gilpin

Finance Director
Michael E. Spotted Wolf
Seminole/Creek/Hidatsa

Admin Support & Resources
Coordinator
Margie Merendo

Operations Manager
Vacant

Staff Accountant
Honey Ignacio
Tohono O'odham

Facilities Management Assistant
Melissa Loeschen

Operations Admin Support Clerk
Cheyenne Gardner

Accountant Clerk
Claudia Oldman
Navajo

Wellness Department

Wellness Director
Veronica Boone
Laguna Pueblo/Navajo

Wellness Operations Manager
Dearlynn Crank
Navajo

Youth & Community Health
Educator
Vacant

Wellness Case Manager
Christina Luna

Community Health Representative
Marcella Delgado
Tohono O'odham

Transportation & Medical Records
Specialist
Allen Jose
Tohono O'odham

Wellness Case Manager
Vacant

Native Connections Project
Coordinator
Vacant

Diabetes Prevention Specialist
Christine Chavez
Pascua Yaqui

Health Promotion Specialist
Marlene F. Jose
Tohono O'odham

Domestic Violence Advocate
Vacant

Community Cultural Specialist
Nickolis Joe
Navajo

Prevention & Education Specialist
3 Vacancies

Health Services Department

Health Director
Phoebe Cager
Yup'ik

Medical Director
Dr. Peter Ziegler

COVID-19 Community Health Rep-
resentative
Leslie Van Hoy

Outreach Manager
Dylan Baysa
Choctaw

Medical Business Office Manager
Vacant

COVID-19 Community Health Rep-
resentative
Vacant

HSD Admin Assistant
Delaine Tyner

Medical Records Clerk
Kathy Perez
Pascua Yaqui

Social Services Department

Social Services Director
Tiffany SantaMaria

Employment Case Manager
Estella Tarin

Case Manager & Community Out-
reach Specialist
Vacant

Intake & Supportive Services Case
Manager
Jerry R. Romero
Tohono O'odham

*Native Voice is Published by the American Indian Association of
Tucson D.B.A. Tucson Indian Center*

Tucson Indian Center Board of Directors

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Tohono O'odham

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Tohono O'odham

Secretary

Yolanda Molina

Pascua Yaqui

Board Member

Amalia Reyes

Pascua Yaqui

Board Member

Ned Norris

Tohono O'odham

Tucson Indian Center Advisory Council

Julian Hernandez

Pascua Yaqui

Olivia Villegas-Liston

Tohono O'odham

American Indian Association of Tucson, Inc.



Tucson Indian Center

160 North Stone

Tucson, AZ 85701

Phone: 520-884-7131

Fax: 520-884-0240

www.ticenter.org

The Tucson Indian Center leads, serves, strengthens, and advocates for the people of the greater Tucson Area with a special emphasis on the Urban Native American Community.

Reminders & Announcements

Save the Date:

September 10, 2022 — Hope for Life Day.

- New Client Orientation - Every Monday 11:00am-12:00pm—Contact: Tucson Indian Center
- 2 Spirit of Tucson - September 12th, 2022 @5:00 pm—7:00 pm Contact: Marlene F. Jose
- Health Education—Thursdays @ 10:00am-12:00pm—Contact: Marlene F. Jose
- Elders Luncheon - September 28th, 2022 @12:00 pm—Contact: Marlene F. Jose
- Native Sisters in Recovery - Thursdays @ 4:15pm—5:15pm—Contact: Wellness Case Managers
- White Bison Recovery Group - Thursdays @5:30 pm—6:30pm—Contact: Wellness Case Managers
- AIIR (American Indians in Recovery) AA Mtgs. - Fridays @ 8:30 am- 9:30 am—Contact: Wellness Case Managers
- Native Youth Coalition— September 6th and 20th @ 4:30 pm—5:30 pm—Contact: Christine Chavez
- Weekly COVID-19 Vaccinations — Wednesdays @3:00pm-5:00pm — Contact: Health Services Department

Visit our website to receive a digital copy of Native Wellness Voice:
www.ticenter.org

We are happy to share the monthly Native Wellness Voice with you. If you would like to receive an electronic copy or if you experience any problem related to this mailing, such as receiving more than one copy or the wrong name, please contact Veronica Boone at (520) 884-7131 ext. 2219 or vboone@ticenter.org.