

TUCSON INDIAN CENTER NATIVE WELLNESS VOICE

September 2022

VOLUME 40 ISSUE 9

www.ticenter.org

Scheduled Appointment, COVID-19 Screening, & Masks Required To Enter

September 10th, 2022 is World Suicide Prevention Day

Join the Tucson Indian Center and it's partners virtually for a day of Suicide Prevention education, awareness, and resources.

DO YOU KNOW SUICIDAL WARNING SIGNS?

Take a moment

To Register follow link below:

https://www.surveymon key.com/r/FBX6M9X



988

NATIONAL SUICIDE PREVENTION LIFELINE

Do you know local mental health resources?

there is hope.





FOR MORE INFORMATION:
DREW HARRIS
520884-7131 EXT 2236
DHARRIS@TICENTER.ORG

Inside this issue: Hope For Life Virtual **Health Services** Sobriety Support **Elderly Monthly** Social Services Food Bank/Diaper Transportation **Health Education** 2 Spirit of Tucson Staff & Board of Weekly Meeting



Rodney W. Palimo, Sr. Clinic now open with initial Services!

Additional Services:

- Transportation
- Home Visits
- Care Packages & COVID-19 Supplies
- Quarantine Support
- Education
- Welfare Checks
- Case Management

Contact Us! (520)884-7131 health@ticenter.org

Initial Services:

Weekly Wednesday Vaccine Event

in partnership with Pima County Health Department

Every Wed, 3:00p-5:30p

- Registered Nurse Appointments
 Preventative Health Screenings
 in partnership with UA Mobile Health and
 College of Family & Community Medicine
 Every Tues & Thu, Times TBA
- Women, Infants and Children (W.I.C) Clinic

in partnership with Tohono O'odham Nation 9/2, 9/21, 10/7, 10/19, 11/4, 11/30. (10:00a-3:00p)











SOBRIETY SUPPORT GROUPS

PLEASE JOIN US IN PERSON OR VIRTUALLY THROUGH WEBEX.COM

LOCATION: TUCSON INDIAN CENTER 160 N. STONE AVE.

THURSDAY

NATIVE SISTERS IN RECOVERY:

4:15 PM - 5:15 PM

WEBEX INFO

JOIN BY VIDEO

MEETING NUMBER (ACCESS CODE): 2631 069 9436

JOIN BY PHONE

+1-408-418-9388 ACCESS CODE: 2631 069 9436

HOST PIN: 1975

THURSDAY

WHITE BISON:

5:30 PM - 6:30 PM

WEBEX INFO

JOIN BY VIDEO

MEETING NUMBER (ACCESS CODE): 2632 170 1675 MEETING PASSWORD: WB2022

JOIN BY PHONE

+1-408-418-9388 Access code: 2632 170 1675 Host PIN: 1975

FRIDAY

AA MEETINGS:

8:30 AM - 9:30 AM

WEBEX INFO

JOIN BY VIDEO

MEETING NUMBER (ACCESS CODE): 2633 298 7088

JOIN BY PHONE

+1-408-418-9388

ACCESS CODE: 2633 298 7088

HOST PIN: 1975

TEMPERATURE CHECKS AND FACE MASKS WILL BE REQUIRED

Please contact Christina Luna to reserve your spot! 520-884-7131







Tucson Indian Center's Elder's Monthly Luncheon

September 28th, 2022, 12pm-3pm (Last Wednesday of the month)

RSVP with Marlene

(520) 884-7131 Ext 2238 or Mjose@ticenter.org







LOOKING FOR A JOB? WE CAN HELP!

Our *WIOA Program* (Workforce Innovation & Opportunity Act) is designed to assist adult Native Americans living off-reservation and within the Tucson Metropolitan Area.

New client orientation is every Tuesday, from 10:00am to 11:00am (must RSVP to attend).

Job Clubs are every Thursday, from 10:00am to 11:00am (Must RSVP to attend).

June 2022 Job Club Schedule

DKA
The Justice Program
Realizing the power of Potential
September 1, 2022,
Darius Wentz, BHT
Outreach Specialist
Cell- 520-554-2247
Time:

10:00 AM-11:00 AM Matt O'Connor 989-287-2732

City of Tucson Az. September 15, 2022 Time:

10:00 AM-11:00 AM

Massai Leon
Indigenous Community Outreach
Arizona Conservation Corps
September 08, 2022
928-310-8822
Time:
10:00 AM-11:00 AM

Brenda Trujillo
Human Resources Supervisor
Pima County
September 22, 2022
Time:
10:00 AM-11:00 AM

Enrollment includes:

Job referrals

Resume workshops

Leadership classes

Job readiness training

TUCSON INDIAN CENTER

160 N. Stone Ave. Tucson, AZ 85701

(520) 884-7131

www.ticenter.org By appointment only!



Leo Verdugo Veterans Workforce Specialist Arizona @ Work Innovative Workforce Solutions September 29, 2022 Time: 10:00 AM-11:00 AM

Community Food Bank Schedule

Monday 11:00am - 4:00pm

Tuesday 9:00am - 4:00pm

Wednesday 9:00am - 11:30am

Thursday 9:00am - 4:00pm

Friday 9:00am - 4:00pm

Please call for an appointment (520)-884-7131

Documents Required: License/ID and proof of address

One Food Box A Month Per Family





Monday 11:00am-4:00pm

Tuesday 9:00am-4:00pm

Wednesday 9:00am-11:30pm

Thursday 9:00am-4:00pm

Friday 9:00am-4:00pm

Please call for an appointment (520)-884-7131

<u>Documents required</u>: License/ID, child's birth certificate or proof of custodial rights

Limit: 75 Diapers, 25 period products a month













TRANSPORTATION & MEDICATION DELIVERIES

TO SCHEDULE TRANSPORTATION OR MEDICATION DELIVERY, CONTACT:

ALLEN JOSE

OFFICE PHONE: 520-884-7131 EXT.

2244

CELL PHONE: 520-331-7134

EMAIL: AJOSE@TICENTER.ORG

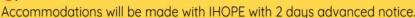
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MARCELLA DELGADO

OFFICE PHONE: 520-884-7131 EXT. 2230 EMAIL: MDELGADO@TICENTER.ORG



- MUST CALL/EMAIL BEFORE 2:00PM TO HAVE MEDICATIONS PICKED UP THE NEXT BUSINESS DAY.
- MEDICATIONS WILL BE DELIVERED TO YOUR HOME OR TO TIC.
- THERE WILL BE NO TRANSPORT OR MEDICATIONS DELIVERY ON MONDAYS.





Tucson Indian Center

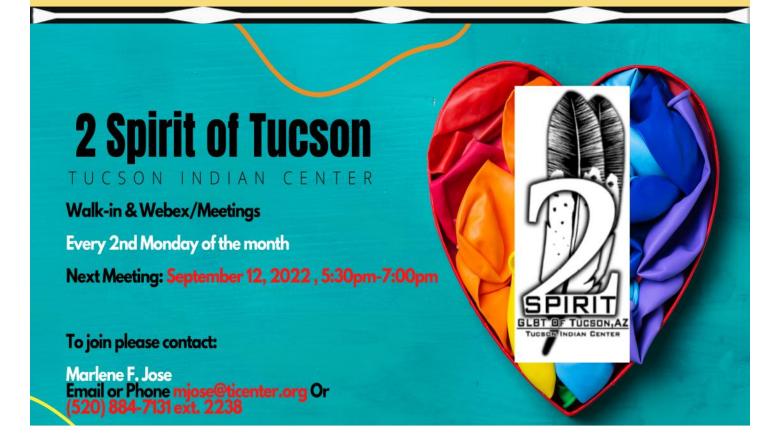
Health Education





Every Thursday at 10:30am-12:00pm

Please RSVP or for more information contact, Marlene F. Jose. 520-884-7131 ext. 2238 or mjose@ticenter.org



Tucson Indian Center Staff

Executive Director

Jacob Bernal

Chemehuevi

Admin Support & Resources Coordinator

Margie Merendo

Facilities Management Assistant Melissa Loeschen

Human Resource Manager

Carl Glilpin

Operations Manager Vacant

Operations Admin Support Clerk
Cheyenne Gardner

Finance Director

Michael E. Spotted Wolf

Seminole/Creek/Hidatsa

Staff Accountant Honey Ignacio Tohono O'odham

Accountant Clerk
Claudia Oldman
Navajo

Wellness Department

Wellness Director **Veronica Boone** Laguna Pueblo/Navajo

Wellness Case Manager
Christina Luna

Wellness Case Manager
Vacant

Health Promotion Specialist **Marlene F. Jose** Tohono O'odham

Prevention & Education Specialist **3 Vacancies**

Wellness Operations Manager

Dearlynn Crank

Navajo

Community Health Representative **Marcella Delgado** Tohono O'odham

Native Connections Project
Coordinator
Vacant

Domestic Violence Advocate

Vacant

Youth & Community Health
Educator
Vacant

Transportation & Medical Records
Specialist
Allen Jose
Tohono O'odham

Diabetes Prevention Specialist

Christine Chavez

Pascua Yaqui

Community Cultural Specialist

Nickolis Joe

Navajo

Health Services Department

Health Director
Phoebe Cager
Yup'ik

Outreach Manager **Dylan Baysa**Choctaw

HSD Admin Assistant **Delaine Tyner**

Medical Director **Dr. Peter Ziegler**

Medical Business Office Manager

Vacant

Medical Records Clerk **Kathy Perez**Pascua Yaqui

COVID-19 Community Health Representative

Leslie Van Hoy

COVID-19 Community Health Representative

Vacant

Social Services Department

Social Services Director
Tiffany SantaMaria

Employment Case Manager
Estella Tarin

Case Manager & Community Outreach Specialist **Vacant**

Intake & Supportive Services Case

Manager

Jerry R. Romero

Jerry R. Romero Tohono O'odham

> Native Voice is Published by the American Indian Association of Tucson D.B.A. Tucson Indian Center

Tucson Indian Center Board of Directors

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Tohono O'odham

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Pascua Yaqui

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Ned Norris

Tohono O'odham

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Pascua Yaqui

Olivia Villegas-Liston

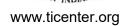
Tohono O'odham

American Indian Association of Tucson, Inc.

Tucson Indian Center

160 North Stone Tucson, AZ 85701 Phone: 520-884-7131

Fax: 520-884-0240



The Tucson Indian Center leads, serves, strengthens, and advocates for the people of the greater Tucson Area with a special emphasis on the Urban Native American Community.

Reminders & Announcements

Save the Date:

September 10, 2022 — Hope for Life Day.

- New Client Orientation Every Monday 11:00am-12:00pm—Contact: Tucson Indian Center
- 2 Spirit of Tucson September 12th, 2022 @5:00 pm—7:00 pm Contact: Marlene F. Jose
- Health Education—Thursdays @ 10:00am-12:00pm—Contact: Marlene F. Jose
- Elders Luncheon September 28th, 2022 @12:00 pm—Contact: Marlene F. Jose
- Native Sisters in Recovery Thursdays @ 4:15pm—5:15pm—Contact: Wellness Case Managers
- White Bison Recovery Group Thursdays @5:30 pm—6:30pm—Contact: Wellness Case Managers
- AllR (American Indians in Recovery) AA Mtgs. Fridays @ 8:30 am 9:30 am Contact: Wellness Case Managers
- Native Youth Coalition—September 6th and 20th @ 4:30 pm—5:30 pm—Contact: Christine Chavez
- Weekly COVID-19 Vaccinations Wednesdays @3:00pm-5:00pm Contact: Health Services Department

Visit our website to receive a digital copy of Native Wellness Voice: www.ticenter.org

We are happy to share the monthly Native Wellness Voice with you. If you would like to receive an electronic copy or if you experience any problem related to this mailing, such as receiving more than one copy or the wrong name, please contact Veronica Boone at (520) 884-7131 ext. 2219 or vboone@ticenter.org.