



# TUCSON INDIAN CENTER NATIVE WELLNESS VOICE

October 2022

VOLUME 40 ISSUE 10

[www.ticenter.org](http://www.ticenter.org)

**Scheduled Appointment, COVID-19 Screening, & Masks Required To Enter**

AMERICAN INDIAN ASSOCIATION OF TUCSON, INC.  
TUCSON INDIAN CENTER

TUCSON INDIAN CENTER  
**FRIGHT  
NIGHT**

**ARMORY PARK CENTER**  
220 S. 5TH AVE TUCSON AZ, 85701  
October 21, 2022 6:00PM-8:00PM

CONTACT MARLENE F. JOSE  
FOR MORE INFORMATION  
520-884-7131

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TUCSON INDIAN CENTER

160. N STONE AVE  
3RD FLOOR

# RODNEY W. PALIMO, SR. CLINIC

**NOW  
OPEN!**



**Rodney W. Palimo, Sr.  
Clinic now open with  
initial Services!**

## **Additional Services:**

- Transportation
- Home Visits
- Care Packages & COVID-19 Supplies
- Quarantine Support
- Education
- Welfare Checks
- Case Management

**Contact Us!**  
**(520)884-7131**  
**health@ticenter.org**

## **Initial Services:**

- **Weekly Wednesday Vaccine Event**  
in partnership with Pima County Health Department  
**Every Wed, 3:00p-5:30p**
- **Registered Nurse Appointments**  
**Preventative Health Screenings**  
in partnership with UA Mobile Health and College of Family & Community Medicine  
**Every Tues & Thu, Times TBA**
- **Women, Infants and Children (W.I.C) Clinic**  
in partnership with Tohono O'odham Nation  
**9/2, 9/21, 10/7, 10/19, 11/4, 11/30.**  
**(10:00a-3:00p)**



COLLEGE OF MEDICINE TUCSON  
**Family & Community  
Medicine**





# SOBRIETY SUPPORT GROUPS

PLEASE JOIN US IN PERSON OR VIRTUALLY THROUGH WEBEX.COM

**LOCATION: TUCSON INDIAN CENTER 160 N. STONE AVE.**

## THURSDAY

**NATIVE SISTERS IN  
RECOVERY:**

**4:15 PM - 5:15 PM**

### WEBEX INFO

#### JOIN BY VIDEO

MEETING NUMBER (ACCESS CODE): 2631 069 9436

MEETING PASSWORD: SISTER2022

#### JOIN BY PHONE

+1-408-418-9388

ACCESS CODE: 2631 069 9436

HOST PIN: 1975

## THURSDAY

**WHITE BISON:**

**5:30 PM - 6:30 PM**

### WEBEX INFO

#### JOIN BY VIDEO

MEETING NUMBER (ACCESS CODE): 2632 170 1675

MEETING PASSWORD: WB2022

#### JOIN BY PHONE

+1-408-418-9388

ACCESS CODE: 2632 170 1675

HOST PIN: 1975

## FRIDAY

**AA MEETINGS:**

**8:30 AM - 9:30 AM**

### WEBEX INFO

#### JOIN BY VIDEO

MEETING NUMBER (ACCESS CODE): 2633 298 7088

MEETING PASSWORD: AA2022

#### JOIN BY PHONE

+1-408-418-9388

ACCESS CODE: 2633 298 7088

HOST PIN: 1975

\*TEMPERATURE CHECKS AND FACE MASKS WILL BE REQUIRED\*

**Please contact Christina Luna to reserve your spot! 520-884-7131**



Tucson Indian Center

## Elder's Monthly Luncheon

(55 years and older)

**Oct 26, 2022  
12:00pm-3:00pm**

**RSVP with Marlene**  
**(520)884-7131 ext 2238**  
**mjose@ticenter.org**





# LOOKING FOR A JOB? WE CAN HELP!

Our **"WIOA Program"** (Workforce Innovation & Opportunity Act) is designed to assist adult Native Americans living off-reservation and within the Tucson Metropolitan Area.

**New client orientation** is every **Tuesday**, from **10:00am to 11:00am** (must RSVP to attend).

**Job Clubs** are every **Thursday**, from **10:00am to 11:00am** (Must RSVP to attend).

## Oct2022 Job Club Schedule

<b>October 6, 2022</b> <b>Shannon Hanis</b> <i>(Outreach Specialist)</i> (520)544-2247 DKA The Justice Program Realizing Medi <sub>a</sub> , Maiketing, and Resource Coordinator	<b>October 13, 2022</b> <b>Matt O'Conner</b> Tucson AZ, Gov. 989-287-2732
<b>October 20, 2022</b> <b>Brenda Trujillo</b> <i>(Human Resources Supervisor)</i> Pima County	<b>October 27 2022</b> <b>Leo Verdugo</b> <i>(Veteran Workforce Specialist)</i> Arizona @ Wark Innovative Workforce Solutions

**Enrollment  
includes:**

**Job referrals**

**Resume  
workshops**

**Leadership  
classes**

**Job readiness  
training**

## TUCSON INDIAN CENTER

160 N. Stone Ave. Tucson,  
AZ 85701

(520) 884-7131

[www.ticenter.org](http://www.ticenter.org)  
By appointment  
only!



**Stella Tarin**  
*(Employment Case Manager)*  
starin@ticenter.org  
**Jerry Romero**  
*(Intake & Supportive Services Case  
Manager)*  
jromero@ticenter.org



# Community Food Bank Schedule

<b>Monday</b>	<b>11:00am - 4:00pm</b>
<b>Tuesday</b>	<b>9:00am - 4:00pm</b>
<b>Wednesday</b>	<b>9:00am - 11:30am</b>
<b>Thursday</b>	<b>9:00am - 4:00pm</b>
<b>Friday</b>	<b>9:00am - 4:00pm</b>

Please call for an appointment (520)-884-7131

Documents Required: License/ID and proof of address

\*\*\*One Food Box A Month Per Family\*\*\*



# diaperbank of Southern Arizona Schedule

<b>Monday</b>	<b>11:00am-4:00pm</b>
<b>Tuesday</b>	<b>9:00am-4:00pm</b>
<b>Wednesday</b>	<b>9:00am-11:30pm</b>
<b>Thursday</b>	<b>9:00am-4:00pm</b>
<b>Friday</b>	<b>9:00am-4:00pm</b>

Please call for an appointment (520)-884-7131

Documents required: License/ID,  
child's birth certificate or proof of custodial rights

\*\*\*Limit: 75 Diapers, 25 period products a month\*\*\*



## TRANSPORTATION & MEDICATION DELIVERIES

**TO SCHEDULE TRANSPORTATION OR  
MEDICATION DELIVERY, CONTACT:**

**ALLEN JOSE**

**OFFICE PHONE: 520-884-7131 EXT.  
2244**

**CELL PHONE: 520-331-7134**

**EMAIL: AJOSE@TICENTER.ORG  
OR**

**MARCELLA DELGADO**

**OFFICE PHONE: 520-884-7131 EXT. 2230  
EMAIL: MDELGADO@TICENTER.ORG**



- **MUST CALL/EMAIL BEFORE 2:00PM TO HAVE MEDICATIONS PICKED UP THE NEXT BUSINESS DAY.**
- **MEDICATIONS WILL BE DELIVERED TO YOUR HOME OR TO TIC.**
- **THERE WILL BE NO TRANSPORT OR MEDICATIONS DELIVERY ON MONDAYS.**

Accommodations will be made with IHOPE with 2 days advanced notice.



TUCSON INDIAN CENTER

# HEALTH EDUCATION

EVERY THURSDAY, 10:30AM-12:00PM



**RSVP, or contact for  
additional information**

**Marlene F. Jose  
(520)884-7131 ext 2238  
[mjose@ticenter.org](mailto:mjose@ticenter.org)**



*Tucson Indian Center  
2 Spirit of Tucson Meeting*

*(2<sup>nd</sup> Monday of the month)*

*October 10, 2022*

*5:30-7:00pm*

*@ 160 North Stone*

Contact: Marlene F. Jose (520) 884-7131 ext. 2238 or [mjose@ticenter.org](mailto:mjose@ticenter.org)

## Tucson Indian Center Staff

Executive Director  
**Jacob Bernal**  
Chemehuevi

Human Resource Manager  
**Michael Mulligan**

Finance Director

Finance Director  
**Michael E. Spotted Wolf**  
Seminole/Creek/Hidatsa

Admin Support & Resources  
Coordinator  
**Margie Merendo**

Operations Manager  
**Vacant**

Staff Accountant  
**Honey Ignacio**  
Tohono O'odham

Facilities Management Assistant  
**Melissa Loeschen**

Operations Admin Support Clerk  
**Cheyenne Gardner**

Accountant Clerk  
**Claudia Oldman**  
Navajo

## Wellness Department

Wellness Director  
**Veronica Boone**  
Laguna Pueblo/Navajo

Wellness Operations Manager  
**Vacant**

Youth & Community Health  
Educator  
**Vacant**

Wellness Case Manager  
**Christina Luna**

Community Health Representative  
**Marcella Delgado**  
Tohono O'odham

Transportation & Medical Records  
Specialist  
**Allen Jose**  
Tohono O'odham

Wellness Case Manager  
**Elan Baysa**  
Choctaw

Native Connections Project  
Coordinator  
**Vacant**

Diabetes Prevention Specialist  
**Christine Chavez**  
Pascua Yaqui

Health Promotion Specialist  
**Marlene F. Jose**  
Tohono O'odham

Advocate  
**Vacant**

Community Cultural Specialist  
**Nickolis Joe**  
Navajo

Prevention & Education Specialist  
**3 Vacancies**

## Health Services Department

Health Director  
**Phoebe Cager**  
Yup'ik

Medical Director  
**Dr. Peter Ziegler**

HSD Admin Assistant  
**Delaine Tyner**

Medical Business Office Manager  
**Vacant**

COVID-19 Community Health Rep-  
resentative  
**Leslie Van Hoy**

Outreach Manager  
**Dylan Baysa**  
Choctaw

Medical Records Clerk  
**Kathy Perez**  
Pascua Yaqui

COVID-19 Community Health Rep-  
resentative  
**Vacant**

## Social Services Department

Social Services Director  
**Tiffany SantaMaria**

Employment Case Manager  
**Estella Tarin**

Case Manager & Community Out-  
reach Specialist  
**Vacant**

Intake & Supportive Services Case  
Manager  
**Jerry R. Romero**  
Tohono O'odham

*Native Voice is Published by the American Indian Association of  
Tucson D.B.A. Tucson Indian Center*

## Tucson Indian Center Board of Directors

Chairman

**Alexander Lewis**

Tohono O'odham

Vice Chairman

**Mark Bahti**

Treasurer

**Melissa Cota**

Tohono O'odham

Board Member

**Yolanda Molina**

Pascua Yaqui

Board Member

**Amalia Reyes**

Pascua Yaqui

Board Member

**Ned Norris**

Tohono O'odham

## Tucson Indian Center Advisory Council

**Julian Hernandez**

Pascua Yaqui

**Olivia Villegas-Liston**

Tohono O'odham



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## **American Indian Association of Tucson, Inc.**



### **Tucson Indian Center**

160 North Stone

Tucson, AZ 85701

Phone: 520-884-7131

Fax: 520-884-0240

[www.ticenter.org](http://www.ticenter.org)

**The Tucson Indian Center leads, serves, strengthens, and advocates for the people of the greater Tucson Area with a special emphasis on the Urban Native American Community.**

## **Reminders & Announcements**

### **Save the Date:**

October 21st, 2022 — Fright Night.

6pm-8pm @ Amory Park Center

October 29th, 2022— Gathering of American Indian Veterans

8am-5pm @ Casino Del Sol

### **Upcoming Events:**

November 4, 2022- Native Family Wellness Day

- New Client Orientation - Every Monday 11:00am-12:00pm—Contact: Tucson Indian Center
- 2 Spirit of Tucson - October 12th, 2022 @5:00 pm—7:00 pm Contact: Marlene F. Jose
- Health Education—Thursdays @ 10:00am-12:00pm—Contact: Marlene F. Jose
- Elders Luncheon - October 26, 2022 @12:00 pm—Contact: Marlene F. Jose
- Native Sisters in Recovery - Thursdays @ 4:15pm—5:15pm—Contact: Wellness Case Managers
- White Bison Recovery Group - Thursdays @5:30 pm—6:30pm—Contact: Wellness Case Managers
- AIIR (American Indians in Recovery) AA Mtgs. - Fridays @ 8:30 am- 9:30 am—Contact: Wellness Case Managers
- Native Youth Coalition— October 4th and 18th @ 4:30 pm—5:30 pm—Contact: Christine Chavez
- Weekly COVID-19 Vaccinations — Wednesdays @3:00pm-5:00pm — Contact: Health Services Department



**Visit our website to receive a digital copy  
of Native Wellness Voice:**

[www.ticenter.org](http://www.ticenter.org)